

WELLFLEET COUNCIL ON AGING
MINUTES OF BOARD MEETING
MONDAY, DECEMBER 29, 2003

RECEIVED
FEB 26 2004
OWN CLERK

PRESENT; Adele Anderson, Dennis Cunningham, Faith Driggs, Priscilla Jenkins, Betty Kimball, Shirley Lauffer, Richard Orell, Sandy Wonders, Jacqui Wildes/Director

ABSENT; Frank Corbin, Russell Holt, Arno Masters, Steve Pechonis

CHAIRMAN'S REPORT;

The Board Meeting was called to order at 12:25p.m. by Dennis Cunningham, Chair. Who asked if there were any corrections or changes to the November minutes. Dennis made a motion to accept the minutes as presented, with a second from Richard Orell. All Ayes.

DIRECTOR'S REPORT; Jacqui gave the members a sheet showing the on going and new programs at the center and a new cycles list of programs. A Parkinsons group is starting up geared to attract people with early onset of the disease. The program will be run by a woman with Parkinsons—the closest group for Parkinsons is in Dennis. A Tai Chi exercise group is also starting, as well as a quilting group and rug hooking group. Terry Frazier is organizing a trip to the Museum of Arts on Jan. 14th. The strength training, walking group, and yoga are continuing.

Congregate luncheon attendance dropping—there is a need to encourage new people to come. Iris's Café and the Sunday Buffet numbers are up and down. Richard Orell and Dennis Cunningham suggested a personal call to people who might be interested. Richard's trip to Boston was cancelled for lack of interest. Betty Kimball asked if there was any policies on day trips. Jacqui said none at present. Someone asked if cable was at the center. None now, Jacqui said and it will be expensive to run the lines. A TV and VCR need to be purchased though, so movies could be run. The Friends may help with this. A podium and a piece of furniture to be placed next to the copy machine will be purchased with some Forum money. Priscilla inquired as to the piano whereabouts. Jacqui said a professional needs to move it---at present there are no wheels on it. A podiatrist (Dr.) , will be providing services to the center. A podiatry chair has been purchased for \$800, but the shipping company wants \$600. to move it to the center. This service would benefit and serve many people, especially those with diabetes. Dennis said he would make inquiries to see if he can get help moving the chair to the center. There was a handout sheet from Jacqui about CIPOA (Cape & Islands Partnership for Older Americans) which Jacqui is on the Board of Directors. The sheet described the goals and mission of the group. Main goal to improve the system of health care on the Cape and the Islands for Elders.

The Pace Program, an all inclusive plan which would provide health care and services to help keep people out of nursing homes is being worked on by Liz Smith and Jacqui, with a partner who wants to do this in a rural area. There are 6,000 elders from Orleans to P-Town who would qualify for aid on the Outer Cape through this program if it happens.

There was nothing new to report on the Transit Program. A Grant has been received for buses. A plan is going forward on services to be provided. Do we want to support Orleans to P-Town shuttle services? Jacqui asked the Board to think about this. This service would be available to everyone. Board members felt this would be a good thing.

Jacqui is a member of the Elementary School Council . The purpose is to connect with the community more and have some joint programs. Also, Cape Cod Children's Place is looking for an infant day care site, and has inquired about using the senior center. Board members discussed the pros and cons. The Girl Scout/Brownie troupes are meeting at the center once a month.

The Friends have taken over the news letter costs.

Betty Kimball made a motion to adjourn at 1:40 p.m., with a second from Richard Orell. All Ayes.

The next BOARD MEETING IS ON MONDAY, JANUARY 26th, at 12:00 NOON.

Respectfully submitted,



Priscilla Jenkins/ Secretary